



# OPHTHACON

## 2025

37<sup>TH</sup> NORTH ZONE OPHTHALMOLOGICAL  
SOCIETY CONFERENCE

&

21<sup>ST</sup> UTTARAEYECON

**10-12 OCT, 2025**

**LEARN. | PRESENT. | ROAR**

### VENUE

**HOTEL HRIDAYESH,  
HOTEL WOODCASTLE  
RAMNAGAR, UTTARAKHAND**

For more info visit: [www.uksos.org](http://www.uksos.org), <https://nzos-online.com/>



## INVITATION

Dear Colleague,

We are delighted to extend our warm greetings and invite you to be a part of Ophthacon 2025 — the 37th North Zone Conference and the 21st Annual Conference of the Uttarakhand State Ophthalmic Society.

This prestigious academic and networking event will be held from 10th to 12th October 2025 at the serene and picturesque venues of Hotel Hridayesh and Hotel Woodcastle, Ramnagar, Uttarakhand, nestled on the edge of the world-famous Jim Corbett National Park.

Ophthacon 2025 will bring together eminent ophthalmologists, researchers, educators, and practitioners from across the country and beyond. The scientific sessions, keynote addresses, panel discussions, workshops, and interactive case presentations will offer valuable insights into recent advances, innovations, and best practices in ophthalmology.

In addition to the enriching academic programme, the conference will provide ample opportunities for professional networking and building collaborations. The beautiful location will also offer you moments of relaxation and leisure amidst nature.

We sincerely request you to mark these dates in your calendar and join us in making this conference a memorable and impactful gathering. Your presence and active participation will be invaluable in ensuring the success of this event.

We look forward to welcoming you at Ophthacon 2025.

Warm regards,  
Organising Committee  
Ophthacon 2025

# NZOS OFFICE BEARERS



**Dr. Suresh Kumar**  
(President, NZOS)



**Dr Gaurav Luthra**  
(Vice President, NZOS)



**Dr. Karamjit Singh**  
(Hon. Gen. Secretary, NZOS)



**Dr. Satanshu Mathur**  
(Chairman Scientific Comm., NZOS)



**Dr Inder Mohan Rustogi**  
(Treasurer, NZOS)



**Dr Urmil Chawla**  
(Jt. Secretary, NZOS)

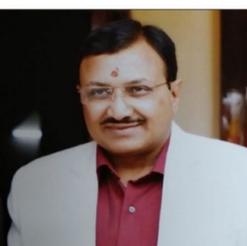


**Dr Ramam Mittal**  
(Jt. Treasurer, NZOS)



**Dr Manesha Nada**  
(Editor Journal, NZOS)

# UKSOS OFFICE BEARERS



**Dr. Rajesh Tiwari**  
(President-UKSOS)



**Dr. Satanshu Mathur**  
(Hon. Gen. Secretary, UKSOS)



**Dr. Saurabh Luthra**  
(Chairman Scientific UKSOS)



**Dr. Amit Singh**  
(Treasurer UKSOS)

# LOC, UTTARAKHAND



**Dr. Mayank Pangtey**  
(Organising Chairman)



**Dr. G. S. Titiyal**  
(Co-Organising Chairman)



**Dr. Ashok Garg**  
(Organising Secretary)



**Dr. Vijay Joshi**  
(Organising Treasurer)

## HIGHLIGHTS OF SCIENTIFIC PROGRAMME

- DIDACTIC TALKS, ORATIONS, CURRENT CONCEPTS, SCIENTIFIC UPDATES
- DEFERRED LIVE SURGERIES
- TOP NATIONAL FACULTY
- FREE PAPERS, E-POSTERS
- FILM FESTIVAL
- PHOTOGRAPHY
- SYMPOSIUM
- INTERACTIVE SESSIONS
- SURGICAL VIDEOS
- CHALLENGING CASES



## NZOS EXECUTIVE

**Dr. Suresh Kumar**  
(President)

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**Dr. Satanshu Mathur**  
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(Editor Journal)

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#### Haryana:

Dr. Markanday Ahuja  
Dr. Jagdeep Singh Basur

#### Jammu & Kashmir:

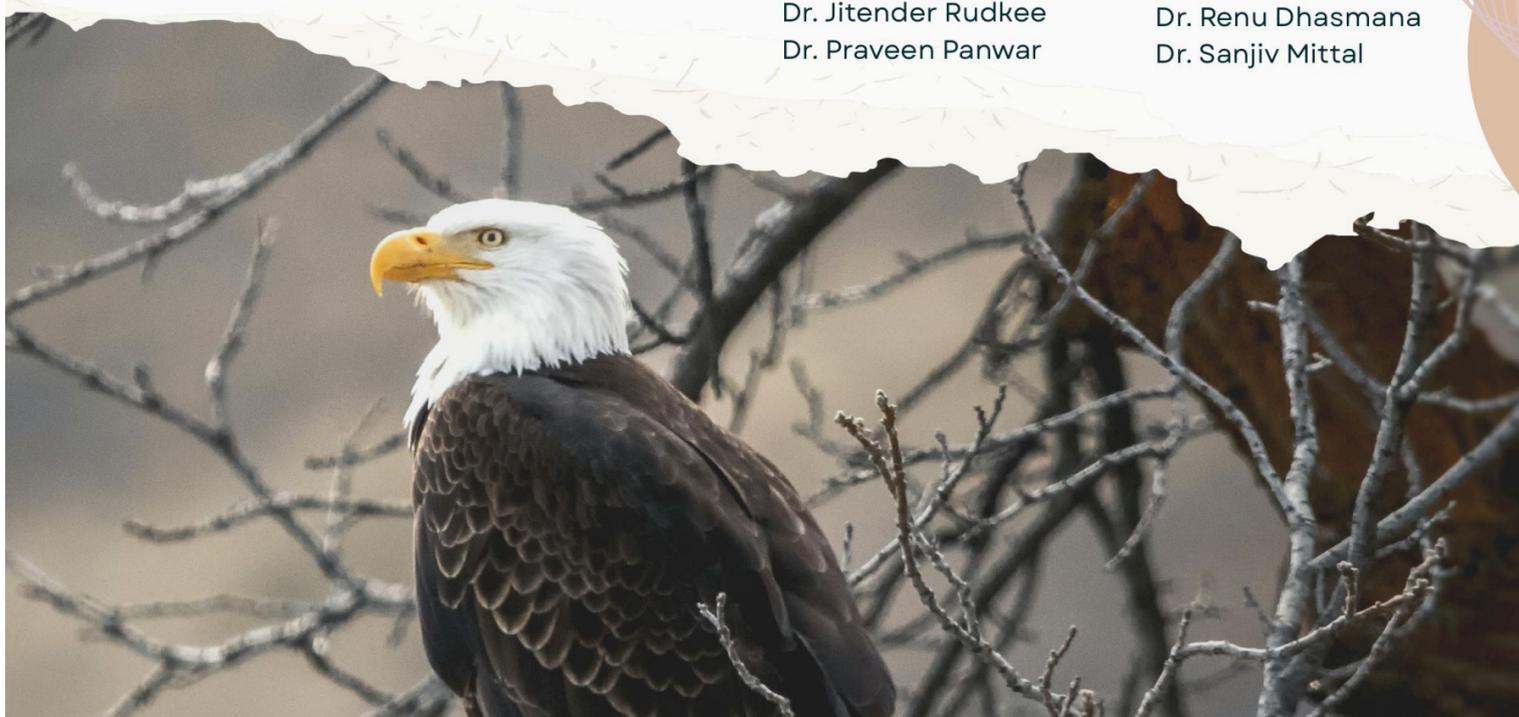
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# UKSOS EXECUTIVE

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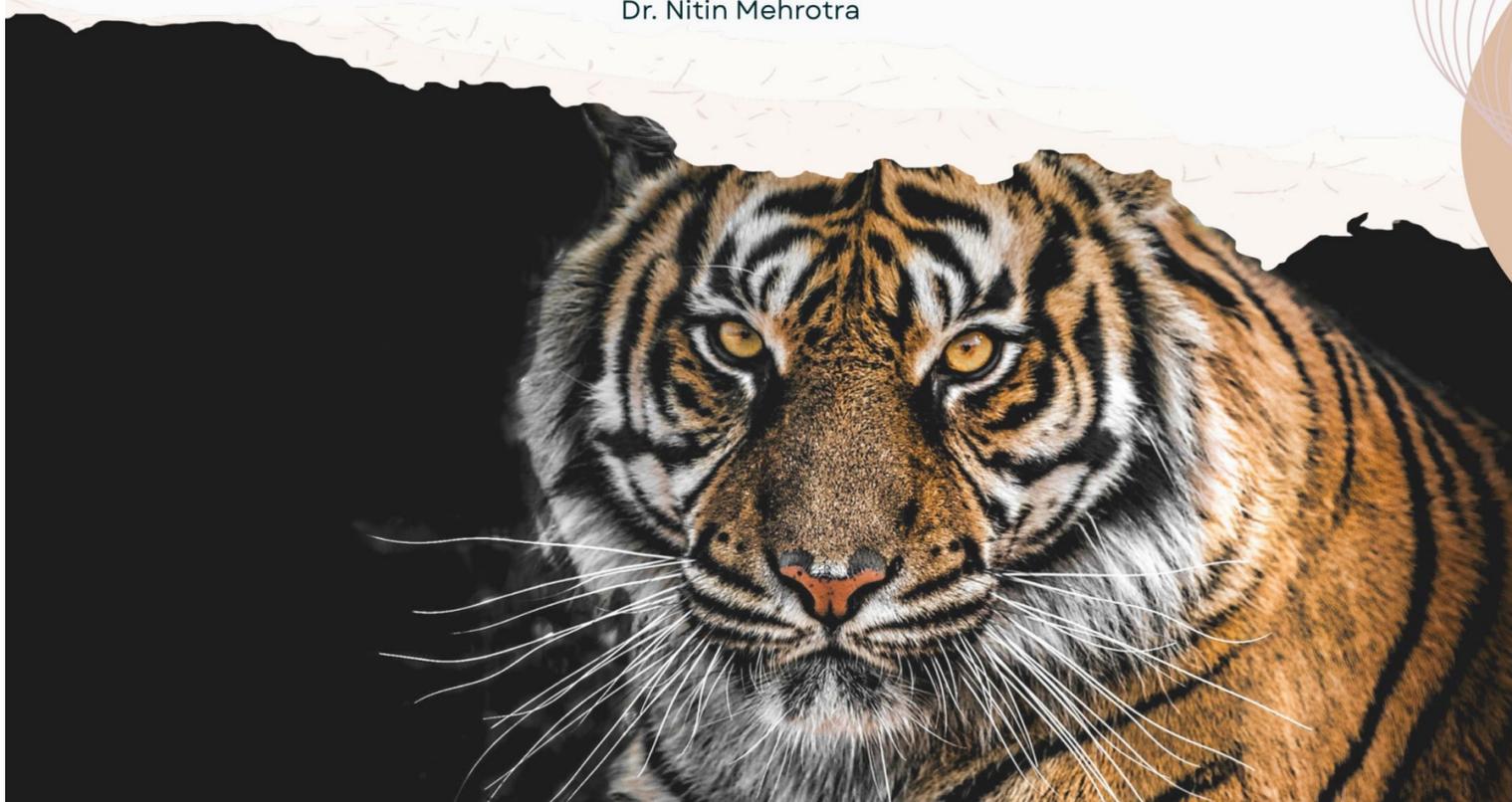
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DR NIDHI SINGHAL  
DR DARSHIKA



## LOCAL ORGANISING COMMITTEE

### TOUR AND TRAVELS

DR PRAVEEN SRIVASTAVA  
DR NUTAN DARDA  
DR ARVIND PANGTEY  
DR KAILASH BRIJWAL

### GIFTS AND MONUMENTS

DR TD RAKHOLIYA  
DR DN PAUDIYAL  
DR GK SHARMA  
DR DIVYA JAIN

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DR PARDEEP KUMAR  
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DR KK RANA  
DR AMBIKA MITTAL  
DR MANU BANSAL  
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DR PRATEEK KAUL  
DR HIMANI JHILKHANI

### CATERING COMMITTEE

DR VIRAJ RATHI  
DR RISHIKESH SINGH  
DR SHAILJA KAPRI



# REGISTRATION DETAILS



10th-12th October 2025  
**37th North Zone Ophthalmological Society Conference**  
 &  
**21st UttaraEyecon**



Name:.....  
 Address:.....  
 Telephone: ..... Mobile:.....  
 Email: .....  
 Membership Number of UKSOS/NZOS (if member): .....  
 Name of Spouse: .....  
 Name of Children > 12 yrs 1) .....  
 2) .....  
 Name of Children < 12 yrs 1) .....  
 2) .....  
 Delegate Fee.....  
 Resident Fee.....  
 Associate Delegate/ Spouse/ Children Fee.....  
 Total In words Rs.....  
 By Cash/Demand draft/Cheque/RTGS/NEFT/UPI-Transaction No./QR Code/ On Spot.....Dated.....  
 Drawn In favour of "HIMALAYAN OPHTHALMOLOGICAL SOCIETY", Payable at INDIAN BANK, Account Name:  
 HIMALAYAN OPHTHALMOLOGICAL SOCIETY, Branch: Rudrapur, Account No:7538594457, IFSC Code: IDIB000I510,  
 UPI ID: uttarayecon@indianbnk

### Registration Fee Details:-

Registration for	Till 15 <sup>th</sup> Aug 2025	16 <sup>th</sup> -31 <sup>st</sup> Aug 2025	1 <sup>st</sup> – 30 <sup>th</sup> Sep 2025	From 1 <sup>st</sup> Oct/ Spot
Delegate (Member NZOS or UKSOS)	3500 ₹	4500 ₹	5000 ₹	6000 ₹
Delegate (Non-Member)	4500 ₹	5500 ₹	6000 ₹	7000 ₹
Post Graduate Student	2500 ₹	3100 ₹	4400 ₹	5000 ₹
Associate Delegate/ Spouse	3000 ₹	3500 ₹	4000 ₹	5000 ₹
Children > 12 yrs.	3000 ₹	3500 ₹	4000 ₹	5000 ₹

- > Payment may be made by demand draft/ cheque drawn in favour of HIMALAYAN OPHTHALMOLOGICAL SOCIETY, Payable at Indian Bank Account Name: HIMALAYAN OPHTHALMOLOGICAL SOCIETY, Branch Rudrapur, Account No: 7538594457, IFSC Code: IDIB000I510
- > Payment can also be made via digital payment platform by scanning QR code provided or via UPI ID: uttarayecon@indianbnk
- > Online registration is also available at our website <https://nzos-online.com> or <https://uksos.org/>
- > Registration of children above 12 years of age is mandatory.
- > Residents are required to submit a certificate from the HOD.
- > Delegate kits are subject to availability for those register after 30th September 2025.
- > Entry in scientific, trade, dining and banquet area will be restricted to registered delegates only.



Mailing Address-

Dr. MAYANK S PANGTEY  
 (Organising Chairman)  
 Drishti Eye Centre Haldwani

Dr. VIJAY JOSHI  
 (Organising Treasurer)  
 R.No.46, SSJ Base Hospital Haldwani

Dr. ASHOK GARG  
 (Organising Secretary)  
 Shree Ram Eye Care & Nursing Home  
 28/1, D1, D2, Civil Line, Doctor Colony,  
 Gali no 2, Rudrapur(Udham Singh  
 Nagar) Uttarakhand, Pin-263153

## TRADE EXHIBITION

OPPORTUNITY	AMOUNT
Standard Stall (Silver Category)	INR 1,00,000
Premium Stall (Gold Category)	INR 1,50,000
Prime Premium Stall (Diamond Category)	INR 3,00,000
Ultra Premium Stall (Platinum Category)	INR 5,00,000

**\*In addition to the above cost, 18% GST as per Government Rules**

### Exhibit Space (Terms & Conditions)

- Organizers will provide a basic Shell Scheme Booth Structure (1 table, 2 chairs, 5 Amp electric point, 3 spotlights).
- Organizers reserve the right to rearrange floor plan without prior notice.
- Use of special signage and lighting is at exhibitor's own cost.
- Additional amenities (telephone lines, internet, broadband, data services, special electric connection, lighting, audio-visual, hired manpower) available at additional cost.
- Exhibitors engaging a management firm must provide a Letter of Authority.
- No temporary worker allowed after 9 AM on 10th October 2025.
- All employees/representatives must be present in the exhibition area after 9 AM on 10th October 2025 and registered as Non-Members.
- Booths must be staffed during exhibition hours. Staff expected to dress and conduct professionally.
- Organizers may change event date/venue due to unavoidable circumstances.
- All display items must comply with safety, health, biohazard, fire codes.
- PA systems, loud music, or smoking in the exhibition area are strictly prohibited.

## HOW TO REACH

### Air + Road Route Overview

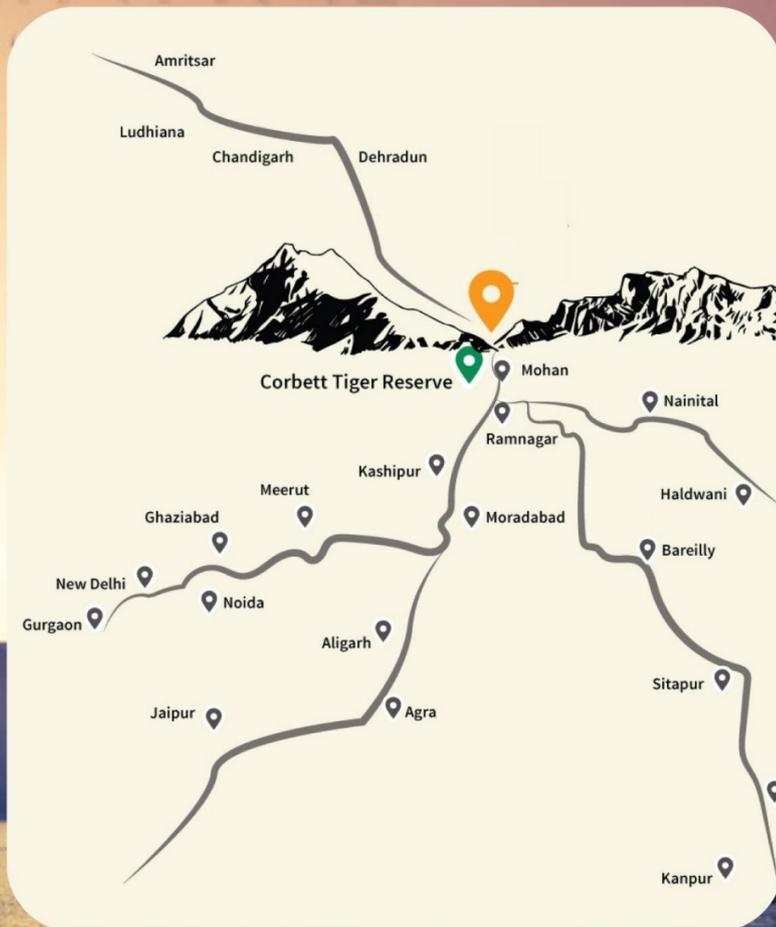
- Departure from Delhi (DEL): 07:05 AM
- Arrival in Pantnagar (PGH): 08:10 AM
- Departure from Delhi (DEL): 1:20 PM
- Arrival in Pantnagar (PGH): 2:25 PM
- Departure from Pantnagar (PGH): 08:30 AM
- Arrival in Delhi (DEL): 09:30 AM
- Departure from Pantnagar (PGH): 2:45 PM
- Arrival in Delhi (DEL): 3:45 PM
- Nearest Airports: Pantnagar (~1-hr flight + ~2-hr drive) or Dehradun (~45 min flight + ~5-hr drive)
- Land Transfer: From airport to Ramnagar by taxi is required.

### Road Travel Overview

- Main Route: Via NH-9 passing through Ghaziabad, Hapur, Gajraula, Amroha, Moradabad, Kashipur, to Ramnagar.
- Distance & Time: Approximately 250–282 km; travel time around 5–7 hours depending on traffic and stops.

### Train Travel Overview

- Uttarakhand Sampark Kranti Express – ~4 hours 40 minutes (Old Delhi → Ramnagar)
- Ranikhet Express – ~6 hours 25 minutes
- Distance: Around 250 km by rail.



## HOTEL DETAILS

HOTEL NAME	APPROX RATES PER DAY NOT INCLUDING TAX			REMARK: ALL HOTEL WITHIN 2KMS FROM THE VENUE
	SINGLE	DOUBLE	TRIPLE	
HOTEL HRIDAYESH	RS. 11000	RS. 13000	RS. 16000	BOOKING VIA MR. DEEP RAJWAR (9719573901)
WOOD CASTLE	RS. 9000	RS. 10000	RS. 13000	BOOKING VIA MR. DEEP RAJWAR (9719573901)
TAJ CORBETT	RS. 25000			DIRECT ONLINE
MARRIOTT RESORT	RS. 24000			DIRECT ONLINE
NAMAH RESORT	RS. 11000			DIRECT ONLINE
TIGER CAMP	RS. 5000			DIRECT ONLINE
SUMAN GRAND	RS. 4500			DIRECT ONLINE

#### Child policy: -

06-12 years 25% of package Cost | 12-18 years 35% of package cost. Note: Rates are subject to change in case of hike in GST.

## CONFERENCE SECRETARIAT



### **Dr. ASHOK GARG**

(Organising Secretary)

Shree Ram Eye Care & Nursing Home 28/1, D1, D2, Civil Line,  
Doctor Colony, Gali no 2, Rudrapur(Udham Singh Nagar)  
Uttarakhand, Pin-263153

Mob. No.- 9897620181, 8791602181

### **Helplines No.-**

**Registration:** 9761680371, 9897620181, 8791602181, 7055280006

**Scientific Abstract Submission:** 9412059288, 9897620181,  
9837120191

**Deferred Live Surgery Session:** 9412059188, 9897620181

**Hotel Bookings:** 7500970873, 9719573901, 9897620181